



nurturing
birth

Nurturing Birth Doula Course Certificate

This certifies that

Fiona de Rose

successfully completed the Nurturing Birth course for Birth and Postnatal doulas and attained satisfactory knowledge of basic skills to work as a birth & postnatal doula.

This course included modules on birth physiology, obstetric scenarios, antenatal visits, counselling skills, breastfeeding knowledge and marketing skills.

Extra course work about debriefing one's own experiences, reviewing childbirth books and reflecting on our knowledge and views was also required.

Sophie Brigstocke, Course Leader

17th December 2016